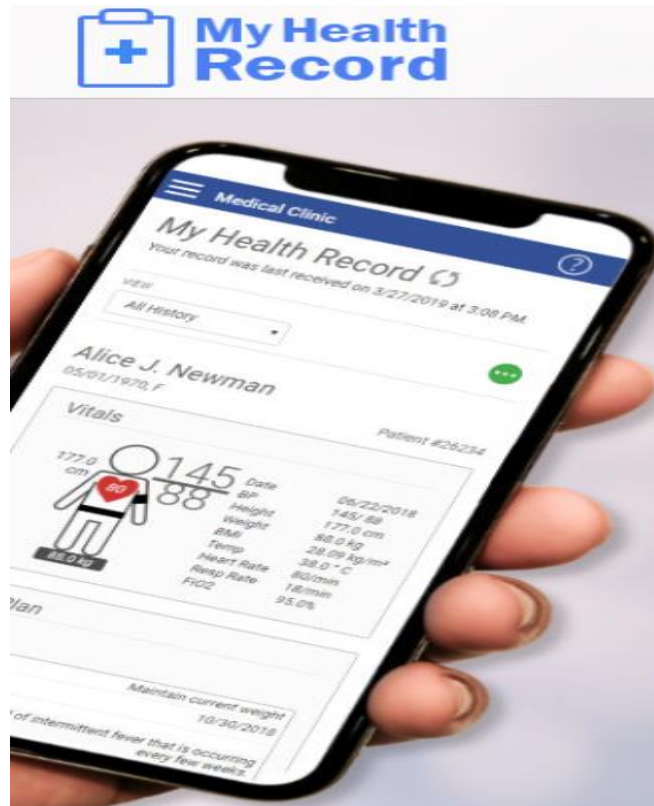# GUIA DEL PORTAL DEL PACIENTE

¿Qué es el Portal del Paciente??

Es un sitio web seguro en línea, que brinda a los pacientes un fácil acceso a la información médica personal. Para ingresar al Portal del Paciente, el paciente deberá de tener un nombre de usuario y una contraseña. Al acceder el Portal del Paciente podrá ver la siguiente información:

• Resumen clínico

• Medicamentos

• Laboratorios

• Próximas citas

¿Cómo se puede acceder a su Portal del Paciente?

1. Vaya a su bandeja de entrada y seleccione: **REGISTER HERE** (**Regístrese Aquí**)

Identification

Please be sure to use the exact information you gave the practice.

First Name (required)

Last Name (required)

Date of Birth (required)

Zip Code (required)

Continue

---

2. Registración del Paciente (Identification):

Ingrese toda la siguiente información:

o Nombre (First Name)

o Apellido (Last Name)

o Fecha de Nacimiento (Date of Birth)

o Código postal (Zip Code)

3. Seleccione "**Continue**" (**Continuar**)

---

myhealthrecord.com/Portal/Register

User Profile

Username (required)

username

*Username should be 6 to 50 characters with no spaces and no @ sign.
Letters, numbers and special characters _.!$*= allowed

Password (required)

password

*Password should be 8-64 characters, and may include special characters. Your password should be simple enough that you can remember it without reusing or varying one of your existing passwords, and long enough that attackers can't easily guess it. Phrases or complete sentences such as, "My dog Spot is a good boy." are recommended.

Confirm Password (required)

password

Security Question #1 (required)

Please choose

Answer (required)

answer

Security Question #2 (required)

Please choose

Answer (required)

answer

Continue

---

4. Perfil del Usuario (User Profile):

Ingrese toda la siguiente información:
   o Nombre de Usuario (Username)

   o Contraseña (Password)

   o Confirmar Contraseña (Confirm Password)

   o Pregunta de Seguridad y Respuesta #1(Answer Security Question #1)

   o Pregunta de Seguridad y Respuesta #2 (Answer Security Question #2)

5. Seleccione "**Continue**" (**Continuar**)

6. Siguiente paso, seleccione "**I Accept.**" Al aceptar (**"I Accept."**) el paciente podrá ver su historial médico (**"My Health Record."**)

---

myhealthrecord.com

Citrus Health Network, Inc.

Registration Disclaimer

In case of emergency, always dial 911. Do not use the Patient Portal for: emergencies, urgent questions that need an answer the same day, diagnosis or treatment of medical or mental health symptoms, or complicated questions or concerns that may need more in-depth discussion. En caso de emergencia, siempre marque 911. No use el Portal para: emergencias, hacer preguntas urgentes que necesitan respuestas el mismo día, el diagnostico o el tratamiento de los síntomas de salud física o salud mental, y preguntas o preocupaciones mas complicadas que podrían necesitar discusión mas detallada.

IF YOU ACCEPT THE TERMS ABOVE, AS WELL AS THE TERMS OF SERVICE AND PRIVACY POLICY SET FORTH BELOW, CLICK 'I accept' BELOW.

The Terms of Service and Privacy Policy are posted on the site and made available to you for your review at any time.

I accept   I decline

TERMS OF SERVICE

Last updated August 27, 2018

MyHealthRecord.com (the "**Service**") is offered by Your Health Care Provider ("**Provider**") through its website or a

---

Citrus Health Network, Inc.

My Health   My Messages   My Appointments   My Profile

My Health Record

Your record was last received on 7/15/2021 at 10:22 AM.

Retrieve your latest Health Record.

VIEW

Last 3 years   Send   Download

Freddy Test
09/09/2000, M   Patient #136069

Vitals

96
63

Date   06/23/2021
BP   96/63
Height   61"
Weight   195 lbs
BMI   36.80 kg/m²
Heart Rate 81/min
Resp Rate   18/min
O² Sat   99%

195 lbs

Social History
Social History Unavailable
Last Updated

Lab Results
No recorded Lab Results

Vitals History

DATE	BP	HEIGHT	WEIGHT	BMI
06/23/2021	96/63	61"	195 lbs	36.80 kg/m²
03/08/2015		56"	200 lbs	44.80 kg/m²

Procedures and Medical History
01/28/2015
No prior surgery
Completed
01/28/2015
Surgical / procedural history
Completed
01/28/2015
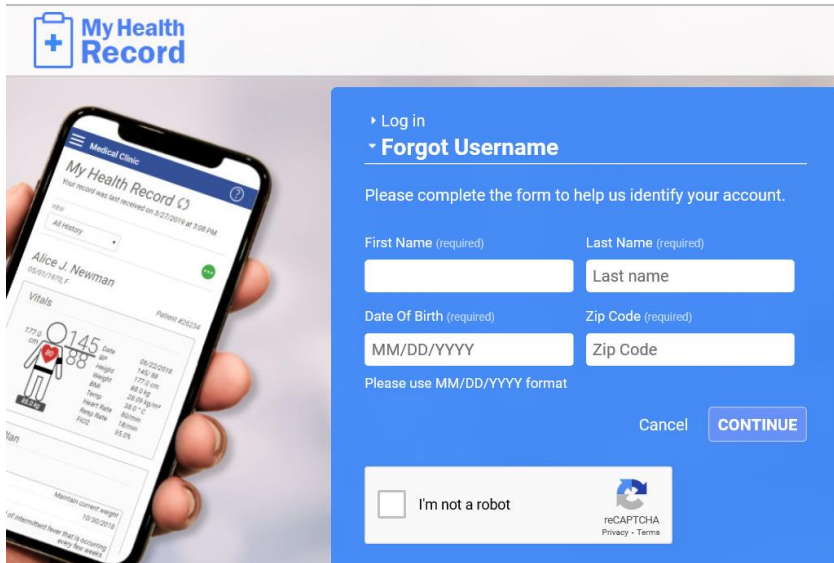History of psychiatric disorders
Completed
01/28/2015

Allergies
Penicillins
Skin Rashes, Hives, Nausea

<u>Cómo cambiar el nombre de usuario y / o contraseña?</u>

1. Visite el sitio web: https://myhealthrecord.com

Para cambiar su Nombre de Usuario (Username), seleccione "**Forgot Username**" (Olvide Nombre de Usuario)

Para cambiar su contraseña (Password), seleccione **"Forgot Password"** (Olvide contraseña)