



NAVIGATE

THE ROAD TO RECOVERY

NAVIGATE is a comprehensive program designed to provide early and effective treatment to individuals who have experienced a first episode of psychosis.

 **305-505-6076**

 **305-992-0171**

 **786-209-2076**

NAVIGATE@CITRUSHEALTH.COM

SERVICES OFFERED:

- Medication & Symptom Management
- Individual Therapy
- Family Education
- Peer Support
- Group Sessions
- Substance Abuse Education
- Supportive Employment & Education: Job Fairs & Placement, IEP & Accommodation Assistance, Resume Building, Interview Skills, College Application Assistance





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**A Team-Based
Results-Driven Approach.**



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ENROLLMENT CRITERIA:

- Ages 15-35
- No documented IQ Test below 70.
- Must not be receiving treatment for psychosis for more than 12 months.
- Must not have symptoms caused by pre-existing medical conditions or substance use.
- Has been experiencing new or worsening psychotic symptoms for no longer than one year (i.e., hallucinations, increased fear, anxiety & paranoia, bizarre behavior, disorganized speech & delusional thoughts.)

